

# Request/Authorization to Release Confidential Records and Information

I hereby authorize:

Person or facility: \_\_\_\_\_ to release/obtain information about  
\_\_\_\_\_ (your name) , born on \_\_\_\_\_ (your DOB).

To/From:

Person or Facility \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

for the following purpose(s):

- Continuing treatment, care, and/or mental health evaluation     Treatment Planning  
 Insurance Coverage     Emergency     Financial  
 Other: \_\_\_\_\_

In the boxes below, the information to be disclosed is marked by an X:

- Intake and/or discharge summaries     Summary of treatment     Progress notes  
 Information needed for my insurance coverage  
 Phone contact regarding any relevant history or diagnoses and other similar information that can assist with my receiving treatment or being evaluated or referred elsewhere:  
 Other: \_\_\_\_\_

I have had explained to me and fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the likely consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time within 90 days, except to the extent that action based on this consent has already been taken. This consent will expire automatically after 90 days from the date on which it is signed, or upon fulfillment of the purposes stated above.

\_\_\_\_\_  
Signature of client

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian/representative

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date